

GRADE 1 – Lesson 3

What we will do today

1. Weave and leave.
2. Manners: Food for dogs.
3. Sit stay 30 seconds.
4. Down stay 1 minute.
5. Down stay with rent a crowd.
6. Sit stay with distraction (minor jumping, pinecone).
7. Recalls basic.
8. Heel work.
9. Time to shine

Remember

1. Ps and Cs (patience and calm).
2. IMMEDIATELY reward behaviour you have asked for with a “Yes!”
3. Yes! Means a reward. A reward is immediate, so have it at the ready – a treat or praise.
4. Remember we are developing a positive relationship with our dog.

Exercises

1. Weave and leave – heel work and focused leaving.

Grading will require your dog to be controlled and nonreactive as another person and dog walk nearby.

2. Food manners – no snatching – treat in closed hand, when no mouthing, say YES and give treat. Do this 10 x. Then have an open hand with a treat. When dog goes for treat say UH OH! And move it away. When dog looks away from the treat, say YES and give the treat 10x.

This is a grading test.

3. Sit stay at end of leash, reposition without fuss if they break.

Grading requirement – 30 seconds

4. Down stay at end of leash, reposition without fuss if they break.

Grading requirement – 1 minute

5. Repeat with half the class in the down stay, the rest walking back and forth with dogs at heel, getting louder each pass by, then swap roles.
6. Recalls with no finish but good sitting position and responsive to calls of sit, last command, etc.

Grading requirement

7. Heel work – about turns.
8. Time to shine – a trick! – peepo, shake hands, high five, spin, bow.